



"Don't let anyone look down on you because you are young, but set an example for believers in speech, in life, in love, in faith and purity." 1 Timothy 4:12

In basketball, the work we do in the off season is almost as important as what we do in season. This is the time to develop specific skills and grow faster and stronger through lifting and drills. Your presence at summer practices and your commitment to the basketball program is vital to our success. Plan to be here!

**SUMMER PRACTICES— June 21-July 23
(Includes all incoming Freshman)**

PRACTICE for all Levels

Monday-Thursday 8:00 - 9:30 am

WEIGHT TRAINING all levels -

Monday-Thursday 9:30 - 10:15 am

SUMMER LEAGUE

The summer varsity squad will be playing in a summer league at San Dimas High School. Games are Mondays & Wednesdays. Game schedule TBD. Players will be responsible for their transportation to and from games.

San Dimas High School : 800 W. Covina Blvd, San Dimas, CA 91773

Questions? Talk to Coach Hoekstra.

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909-633-7329 (cell)

