



"Don't let anyone look down on you because you are young, but set an example for believers in speech, in life, in love, in faith and purity." 1 Timothy 4:12

This summer, in an effort to keep all of our current players sharp, get a look at our incoming players, provide our alumni the chance to have an influence on our current teams, and just get together to have some fun we will be having some short practice sessions in July. We understand that the summer is a time of relaxation and vacation, however if you do not have current plans all players who intend to be part of the program in the fall should be in attendance. Practice is open to all incoming students, current JV and Varsity players, and all alumni. One challenge we often encounter is not knowing who all of the incoming players are. Please tell everyone you know about our plans just in case we missed anyone.



SUMMER PRACTICE SESSIONS

Monday	July 14	1:30 - 2:45
Tuesday	July 15	1:30 - 2:45
Wednesday	July 16	1:30 - 2:45
Thursday	July 17	1:30 - 2:45

Please come prepared with appropriate soccer equipment, which includes; cleats, shin guards, socks that completely cover the shin guard, shorts, and a t-shirt. Also bring something to drink from. Water will be provided. Note that practice starts at 1:30. This does not mean show up at 1:30 and spend ten minutes getting your gear on. Be ready to play at 1:30.

Additionally, there will be an opportunity for players to earn services hours by helping out with the "BIG GREEN" Youth Soccer Camp from 3:00 pm until 7:00 pm. Talk to Coach Belden ASAP if this is of interest to you.

We look forward to seeing everyone in a few weeks. If you have any questions or concerns please contact Head Coach Dave Belden by phone or email. I can be reached at (909) 947-7938 or (909) 238-6028 or email me at dbelden@ocschools.org.

Dave Belden
Varsity Head Coach
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